



Bethal Primary School

Newsletter

We aim to be an outstanding, connected and curious community of learners who are engaged in purposeful learning across all curriculum areas

Month: Issue: #3

Ph: 03 9309 7626

bethal.ps@education.vic.gov.au

Upcoming events

Wednesday 22nd February	Meet the Teacher - 2pm to 7pm
Monday 27th February	Curriculum Day - Student Free Day
Monday 13th March	Labor Day - Public Holiday
Friday 24th March	Whole school Assembly - starting 2.40pm

Principal's Message

Dear Parents and Friends,

A very warm welcome to the 2023 school year to everyone in our school community – students, staff and parents. I hope the break was enjoyable and you are feeling refreshed and excited about the coming year. On the holidays I enjoyed sleeping in, catching up with friends and being with family. I loved going to the Melbourne Zoo for my birthday with my kids, Zoey and Xander- was such a great day!

Hearing the holiday stories from our children this past week has certainly been a highlight. Welcome to our new students who have enrolled from other schools and to those who have returned to Bethal PS after being away. This year we welcomed 49 Preps who began their learning journey this week.

We also welcome a number of new staff members this year to our beautiful school: Michelle Chen (1/2), Vincent Nguyen (3/4) and Rachael Buttigieg (Education Support).



Please Use Safe Practices When Dropping Off & Picking Up Students

Please ensure that you follow and promote safe practices at all times whether driving or walking to and from school. It is an extremely unsafe and illegal practice to stop in the middle of the road and let your child get in or out of your car. Please ensure you are respecting our neighbours and not parking over driveways or parking illegally near school crossings.

Reminder to Wear Hats

Parents are reminded that all children need to have the correct school hat to wear and that it needs to be clearly named. Hats must be worn in Term One and Term Four. Parents are also asked to encourage their children to use sunscreen, with a quick lesson of how to apply this themselves (roll-on types are much easier for children to use). Wandong is a SUNSMART school and we encourage all children to develop safe practices with regard to being out in the sun.

Compass

This is our main communication platform and it is absolutely paramount that any information sent out is read and actioned. Being informed is important for our families and our children. All newsletters, alerts, event consents/payments and information will only be sent out through this platform. You will be notified on your phone/device via email and a notification when a news item is uploaded.



David Warren

ترحيب حار جداً لكل فرد في مجتمع مدرستنا والطلاب والموظفين وأولياء الأمور بالعام الدراسي 2023. أتمنى ان تكونوا قد قضيتم استراحة ممتعة وأن تشعرون بالانتعاش والحماس لهذا العام.

لقد استمتعت في أيام العطلة بالنوم والتواصل مع الأصدقاء والتواجد مع العائلة. أحببت الذهاب إلى حديقة حيوانات للاحتفال بعيد ميلادي مع أطفالي Zoey و Xander كان يوماً رائعاً.

من المؤكد استمعنا إلى قصص العطلة من أطفالنا في هذا الأسبوع وكانت احداث مثيرة جداً.

نريد ان نرحب بطلابنا الجدد الذين التحقوا معنا من مدارس أخرى وكذلك نرحب بأولئك الذين عادوا بعد غياب عن مدرستنا. استقبلنا هذا العام 49 من مرحلة التمهيدي الذين بدأوا رحلتهم التعليمية هذا الأسبوع.

نرحب أيضاً بعدد من الموظفين الجدد هذا العام في مدرستنا الجميلة: Michelle Chen (1/2), Vincent Nguyen ((3/4

Rachael Buttigieg (دعم التعليم).

يرجى ممارسة استخدام السلامة عند توصيل الطلاب وأخذهم.

يرجى التأكد من اتباع وتعزيز الممارسات السلامة في جميع الأوقات سواء القيادة أو المشي من وإلى المدرسة. يعد التوقف في منتصف الطريق والسماح لطفلك بالدخول أو الخروج من سيارتك ممارسة غير آمنة وغير قانونية على الإطلاق. يرجى التأكد من احترامك لجيراننا وعدم وقوفك على الممراتهم أو وقوف السيارات بشكل غير قانوني بالقرب من معابر المدرسة.

تذكير بارتداء القبعات.

يتم تذكير أولياء الأمور بأن جميع الأطفال بحاجة إلى ارتداء قبعة المدرسة الصحيحة لارتدائها وأنه يجب وضع اسم الطالب بوضوح. يجب ارتداء القبعات في الفصل الأول والفصل الرابع. يُطلب من الأهالي أيضاً تشجيع أطفالهم على استخدام واقي الشمس وتعليمهم حول كيفية تطبيق هذا بأنفسهم (أنواع التدحرج أسهل بكثير على الأطفال في الاستخدام) ونحن نشجع جميع الأطفال على تطوير ممارسات آمنة فيما يتعلق بالخروج في الشمس.

Compass,

هذا هو البرنامج الاتصال الرئيسي لدينا ويمكنكم قراءة أي معلومات مرسله اليكم واتخاذ إجراءات بشأنها و أن تكون على اطلاع مهم لعائلاتنا وأطفالنا. سيتم إرسال جميع الرسائل الإخبارية والتنبيهات وموافقات على الرحلات و المدفوعات والمعلومات فقط من خلال هذا البرنامج. سوف تستلم منا رسالة عبر هاتفك او عبر البريد الإلكتروني إشعار عند تحميل عنصر أخبارنا، منا.



David Warren

Curriculum Update

CURRICULUM UPDATE FOUNDATION UNIT

Foundation students have had a fantastic first week of school!

Students have started learning the school's routines and expectations and have begun their Reading, Writing and Maths program.

This week, students have learnt all about the letters M and S.

They have also had fun during their Specialist classes.





SKILLS BUILDING

Mondays

9-11a.m

Learn skills for work!



CITIZENSHIP

Mondays

12-2p.m

Prepare for Citizenship test!



EVERYDAY ENGLISH

Tuesdays & Thursdays

9-11a.m

Hub building

(Childminding provided)

ENGLISH

CONVERSATION

Tuesdays & Thursdays

4-5p.m

Online on Zoom



Bethal Primary School COMMUNITY HUB



Sewing classes

Coffee & Chat

Playgroup

English classes

**Mondays
Tuesdays
Wednesdays
Thursdays**

WOMEN'S WELLBEING

Fitness

Computer classes

breakfast club

Please contact

Nella or Suzan



SEWING

Fridays

12-2p.m

Learn how to sew exciting new



Fridays

9-10:30a.m

**Learn with your child,
get them ready for
Kinder & have fun!**



COMPUTER

Thursdays

11:30-1p.m

Learn Computer skills!



COFFEE & CHAT

Wednesdays

9-11a.m

Get some support!



WOMEN'S

FITNESS

Tuesdays

11-12p.m

Meet at Hub & Walk together!



WOMEN'S

WELLBEING

Wednesdays

9-11a.m

Learn about Women's Health

Contact Nella or Amira on 9309 7626 (ask for the Hub)



BETHAL COMMUNITY HUB NEWS



Bethal Community Hub is a friendly and safe space for everyone in the community to **LEARN** new things, **CONNECT** with others and **SHARE** experiences and stories with each other. We are located in the BER building and are here to support you!

Our Programs:

Skills Building - this is a new program to help parents build skills for work & life. We have a **Food Safety course** for our first 3 sessions.

Citizenship – this class is to help parents pass their Citizenship test this year.

English – our classes are for beginners to help people with Everyday English.

English Online – these classes are on Zoom and we focus on Conversation.

Fitness – this term we will be Walking and enjoying the nice weather.

Women's Wellbeing – we provide Health information and this term we will be learning about Heart Health, First Aid in the Home & Parenting.

Coffee & Chat – come have a coffee and get some help with anything you need like food, enrolments, health services or just a friendly ear with Amira or Nella.

Computer – these classes are for beginners to help people learn basic computer skills with Usama.

Playgroup – our Playgroup is for parents and children to learn together through play with Sara.

Sewing – these classes are for all levels where you can make exciting items with Jenny and our volunteer Houda.

Programs start next Monday 6th February. Hope you can join us!

Contact Nella or Amira on 9309 7626 (ask for the Hub)



Creating and Maintaining Routines

Having reliable routines in place can support a family's sense of harmony.
This two-hour interactive session will help you to develop strategies to create routines, while building your confidence about maintaining them

DATE: Tuesday 21st March 2023

TIME: 10.00am to 12.00pm

WHERE: Online Via Zoom

COST: This session is free of charge but registration is essential

For Bookings:
Creating and Maintaining Routines Tickets, Tue 21/03/2023 at 10:00 am | Eventbrite

Enquiries: Contact Hume Youth Services on
youth@hume.vic.gov.au / 9205 2556



PARENT*ZONE*



Navigating Co-Parenting- A Parents Building Solutions Group for Separated Parents

Based on the Parents Building Solutions model, this six-week group will explore and address common challenges that separated parents face in parenting.

It is an opportunity to share ideas and strategies that work with other parents in a similar situation.

Open to separated parents/carers of children of any age.

Please note, both parents do not need to participate.

DATE: Thursday 23rd February - 30th March 2023 (6 weeks)

TIME: 7.00pm - 8.30pm

WHERE: Online Via Zoom

COST: This session is free of charge but registration is essential

For Bookings and enquiries contact Parentzone Northern: 03 86418900 or email parentzone.northern@anglicarevic.org.au



PARENTZONE



Parents Building Solutions

Are you tired of yelling?
Want to understand why children behave the way they do?
Do you want to discuss and share ideas that work?

This 6 week parenting program helps you come up with solutions to common parenting challenges.

DATE: Tuesday 14th February -28th March
No session will be held on 14th March
TIME: 10.00am - 12.00pm
WHERE: Newbury Child & Community Centre, 440 Grand Boulevard, Craigieburn 3064
COST: This session is free of charge but registration is essential

For inquiries and bookings contact: ParentZone on 03 8641 8900 Or email parentzone.northern@anglicarevic.org.au.



PARENTZONE

PARENTS BUILDING SOLUTIONS

Level 1 Accredited Training for Professionals

Parents Building Solutions provides an evidence-based comprehensive framework for any professional who works with parents, whether it be with individuals, couples or groups. Discover tools to support any parent or carer in any setting including sole parents, couples, step-parents, grandparents carers and family groups.

The 3-week full-day training includes:

Strength-based tools to effectively engage parents in reflective conversations about parenting.

Tips to Support parents with setting boundaries, understanding their child's development, emotional wellbeing, resilience, and positive family relationships

The Tools of the trade - a 390 page Parents Building Solutions e-manual with practical activities and insights to support the emerging needs of parents today.

Development of communication and facilitation skills to best support parents

Who is this training for?

Anyone who works with parents! A wide variety of people have told us they really benefited from this training - social workers, teachers, psychologists, case managers, family services practitioners, volunteers, and residential staff.

"The training was both practical and reflective. I learned new ways to communicate with parents and feel more confident discussing tricky topics"- Family Services Worker

Term 1, 2023 Training:

When: Wednesdays 22nd March, 29th March & 5th April 9.30am-4.00pm (3-week training)

Where: City of Whittlesea, Council Offices, Innovation Hub, 25 Ferres Boulevard, South Morang

Cost: \$495. (Plus 10% GST) Includes PBS Manual-USB
Hardcopy PBS Manual is also available for purchase at \$115 (Plus 10% GST)

Level 1 PBS Assessment & Methodology:

The program is experiential - combining theory and practice wisdom to give participants fresh insights and practical tools they can use when working with families.

Upon completion of the training and assessment, all participants may be accredited to Level 1 PBS practitioner. The required assessment includes 90% attendance, demonstrated competence according to the PBS assessment matrix, completion of 3 program reflections which focus on the additional reading articles and/or weekly activities, and in pairs facilitation of an activity from the PBS manual to the wider group.

Contact:

Jess Moran

Phone: 03 86418913

Email:

jessica.moran@anglicarevic.org.au

Professional Training Application Form

Please complete and return this form to parentzone.northern@anglicarevic.org.au or jessica.moran@anglicarevic.org.au

First Name		Surname	
Agency		Position	
Address			
Suburb			Postcode
Phone		Email	
Dietary Requirements	Vegetarian <input type="checkbox"/>	Gluten Free <input type="checkbox"/>	Other <input type="checkbox"/>
Register For	Training only \$495 (plus 10% GST) <input type="checkbox"/>		Hard Copy of PBS manual \$115 (plus 10% GST) <input type="checkbox"/>

Terms and Conditions

- Places are subject to availability. Places will be confirmed via return email.
- Fees will only be refunded if participants withdraw 10 days prior to the training date
- ParentZone cannot always guarantee dietary requirements. Individuals will be contacted prior to training if dietary requirements can not be accommodated

Invoice Details

Please complete the details below and our finance team will send an invoice to the relevant person

Name of organisation or individual	
Purchase order number	
Attention of	
Address	
Email	
Phone	