



# **Bethal Primary School**

## **Newsletter**

Month: August 2022

Ph: 03 9309 7626

[bethal.ps@education.vic.gov.au](mailto:bethal.ps@education.vic.gov.au)

### **Upcoming events**

Thursday 1st September 2022	Fathers Day Stall
Monday 12th September 2022	Student Free Day
Tuesday 13th September 2022	34B Splash Excursion
Friday 16th September 2022	Footy Colours Day
Friday 16th September 2022	End of Term 3 - Assembly at 1.45pm

### **Principal's Message**



Dear Families,

With only one week to go before the end of Winter- it sure doesn't feel like it! Bring on the warmer weather I say!

We have had such an amazing few weeks here at Bethal Primary with lots and lots of great things happening. Some of these highlights have included:

- District Athletics where we were very well represented. Our students tried their best and we have some students who will be progressing further!
- The Foundation students and teachers celebrating 100 Days of Schooling with a fun-filled day of learning and exploration!
- Science Week with many activities and incursions.
- Book Week activities and author visit from Alex Lee. A special thank you to all of our families who made it along to our special assembly- we were amazed at the great turn out!
- Fathering Project afternoon yesterday where it was great to see so many people turn up- despite the cold conditions! Stay tuned for our next Fathering Project event later in the year.

### **Reminders:**

#### **Enrolments and Planning for 2023**

A reminder that if you are looking to enrol your child for 2023, you need to contact the office (9309 7626) and complete the required paperwork as soon as possible. Conversely, any parents who knows their children will not be continuing at Bethal in 2023, could you please let me know in writing as soon as possible. Even if you are not sure at this moment, a note about the possibility that this may occur is always helpful. As enrolment numbers affect our staffing decisions and the number of classes we have, it is important that we are able to predict as closely as possible what our expected enrolment will be in 2023.

#### **Professional Practice Day- Monday September 12- no students at school on this day**

The Department of Education have given all school permission to run this day without students on site. Teachers will use this valuable time to continue their learning and development with the School Wide Positive Behaviour Support (SWPBS) initiative, as well as setting up programs to provide our students with quality learning in Term Four.

Dave  
Principal

العائلات الأعزاء،

لم يتبق سوى أسبوع واحد قبل نهاية فصل الشتاء بالتأكيد لن تشعر بذلك! انا أقول أحضروا الطقس الأكثر دفئاً لنا!

لقد مررنا بأسابيع قليلة رائعة هنا في باثل الابتدائية مع حدوث الكثير والكثير من الأشياء الرائعة. تضمنت بعض هذه النقاط البارزة ما يلي:

- ألعاب القوى في المنطقة حيث تم تمثيلنا بشكل جيد للغاية، لقد بذل طلابنا قصارى جهدهم ولدينا بعض الطلاب الذين سيحرزون مزيداً من التقدم!
- يحتفل طلاب ومعلمي التمهيدي بـ 100 يوم من التعليم في يوم مليء بالمرح من التعلم والاستكشاف!
- أسبوع العلوم مع العديد من الأنشطة والاجتياحات.
- فعاليات أنشطة أسبوع الكتاب وزيارة المؤلف Alex Miles. شكر خاص لجميع عائلاتنا الذين حضروا اجتماعنا الخاص لقد اندهشنا من عدد الحضور الرائع!
- مشروع الأب بعد ظهر أمس حيث كان من الرائع رؤية الكثير من الناس يحضرون - على الرغم من الطقس البارد! ترقبوا حدث "مشروع الأبوة" التالي في وقت لاحق من العام.

### التسجيل والتخطيط لعام 2023،

تذكير بأنه إذا كنت تريد ان تسجيل طفلك لعام 2023 في مدرستنا فأنت بحاجة إلى الاتصال بالمكتب (7626 9309) وإكمال الأوراق المطلوبة في أقرب وقت ممكن. إذا كنت تعلم ان اطفالك لن يستمروا في مدرسة باثل في عام 2023، يرجى إعلامنا كتابياً في أقرب وقت ممكن، حتى إذا لم تكن متأكداً في هذه اللحظة فإن ملاحظة حول احتمال حدوث ذلك تكون مفيدة دائماً لنا. لأن أرقام التسجيل تؤثر على قرارات التوظيف لدينا وعدد الفصول الدراسية لدينا فمن المهم أن نكون قادرين على التنبؤ بأكبر قدر ممكن بما سيكون عليه التسجيل المتوقع في عام 2023.

**يوم الممارسة المهنية - الاثنين 12 سبتمبر - لا يوجد طلاب في المدرسة في هذا اليوم،**

منحت وزارة التعليم جميع المدارس الإذن للتشغيل هذا اليوم دون وجود طلاب في المدرسة. سيستخدم المعلمون هذا الوقت الثمين لمواصلة تعلمهم وتطويرهم من خلال مبادرة دعم السلوك الإيجابي على مستوى المدرسة (SWPBS) بالإضافة إلى إعداد البرامج لتزويد طلابنا بالتعلم الجيد في الفصل الدراسي الرابع.

**المدير David Warren**

# 100 Days of Foundation

On Friday September 19th, the foundation students and their teachers celebrated 100 days of school. Everyone joined the celebrations dressed up like they were 100 years old.

Some of the fun activities included making crowns, counting 100 fruit loops onto a necklace and doing ten sets of exercises to 100. The morning concluded with the students showcasing their old outfits as they danced their way down the catwalk. There was grey hair, moustaches, glasses, and many walking sticks. Thank you to all our parents who came along to celebrate this wonderful event. After 2 years of lockdowns and online learning it has filled our hearts to have our students begin their school year with consistent learning.





# BOOK WEEK 2022

A huge thank you to the Bethal PS community for making Book Week special for all. The theme this year was, "Dreaming with eyes open," which was a reminder to us all that stories are such an important part of our past, our present and our future and connect us to the land we live on and the people we share our lives with. During the week, we all enjoyed reading and sharing stories with our class and buddies, dressed as some of our most loved book characters for our annual Character Dress up Parade and learned about the writing process with our visiting author, Alex Miles.



# BOOK WEEK 2022





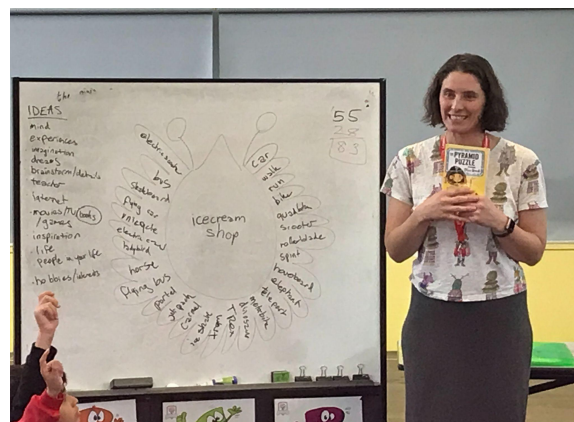
During Book Week celebrations, all classes participated in a writing workshop with author **Alex Miles**. Alex Miles has written stories for children as well as for TV and the stage. Her Zac Power, Girl Geeks and Olive Black book series are popular with all children because she writes about children who are secret spies, internationally renowned actors and detectives solving mysteries.

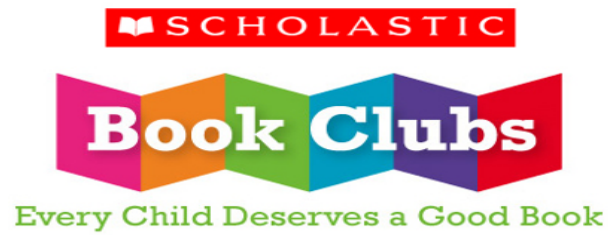
**My involvement with Zac**

- Becoming H.J. Larry
- Something I learnt...  
How to share ideas in a team

**SPY CAMP**

The board displays ten book covers from the 'ZAC SPY CAMP' series, each featuring a different character or theme.





Book Club due back Wednesday 31st August



Fathers Day Stall held on Thursday 1st September



Hats are required to wear in Terms 1 and 4.

# BETHAL COMMUNITY HUB



## COFFEE & CHAT

**Mondays &  
Tuesdays 9-11a.m**  
Meet others and get  
some support!



## CITIZENSHIP

**Mondays  
12:30-2:30p.m**  
Learn about  
Australian Citizenship  
for the test!



**Tuesdays  
9:30-11:30a.m**

Learn with your child,  
get them ready for  
Kinder & have fun!



## Bethal Primary School COMMUNITY HUB



Sewing classes  
Coffee & Chat  
Playgroup  
English classes

**Mondays  
Tuesdays  
Wednesdays  
Thursdays**

**WOMEN'S WELLBEING**  
Fitness  
Computer classes  
breakfast club

Please contact  
Nella or Suzan



## SEWING

**Fridays  
9-11a.m**  
Learn how to make  
new things every  
.....!



## BEGINNER ENGLISH

**Thursdays  
9-11a.m**  
Hub building  
(Childminding provided)  
**ENGLISH  
CONVERSATION**  
**Tuesdays & Thursdays  
4-5p.m**  
Online on Zoom



**COMPUTER**  
**Wednesdays  
12:30-2p.m**

Learn basic  
Computer skills!



**WOMEN'S  
WELLBEING**  
**Wednesdays  
9-11a.m**  
Learn about  
Women's Health!



**WOMEN'S FITNESS**  
**Wednesdays  
11-12p.m**  
Learn  
Self Defense!

Contact Nella or Amira on 9309 7626 (ask for the Hub)

# BETHAL COMMUNITY HUB

Bethal Community Hub is a friendly and safe space for everyone in the community and we are here to support **YOU!**  
We can help with education, I.T and offer support for newly arrived migrants.  
We offer a place to **LEARN** new things, **CONNECT** with others and **SHARE** experiences and stories.

This term we would like to welcome **Amira** and **Sara** to the Hub team!  
Amira will be helping to support the community and Sara is our new Playgroup Leader.

## FATHERS and FATHER FIGURES

we would like to invite you to be part of our **Fathering Project**. The program will help you to engage with your children, become part of the school community and meet other fathers.  
We would love for you to join us this term!

المركز الاجتماعي بمدرسة بيتول هو مكان آمن وودى للجميع.  
نحن موجودون بمبنى البير ونحن هنا لدعمكم ومساعدتكم في التعلم وتكنولوجيا المعلومات.  
نقوم بتقديم الدعم للمهاجرين الجدد وإذا لم تتمكن من تقديم الدعم بشكل مباشر فإنه يمكننا توجيهكم إلى الخدمات التي يمكنها دعمكم.  
نقدم للسيدات خدمة تعلم أشياء جديدة والتواصل مع سيدات أخريات في المجتمع لتبادل الخبرات والمعلومات مع بعضهن.  
نود إضافة هذا المصطلح إلى مركزنا الاجتماعي (الأباء)  
إذا كنت أبا وتود المشاركة في برنامج الأبوة الذي سوف نقدمه، فضلا تواصل معنا  
سوف يقوم البرنامج بمساعدتك على المشاركة في تعليم طفلك وإن تكون جزءاً من المجتمع المدرسي ومقابلة آباء آخرين.  
نود انضمامكم إلينا

Hub Leader: **Nella**  
Monday-Thursday 9-2p.m

Hub Team Member: **Amira** (Arabic)  
Wednesday 9-2:30p.m  
Thursday 9-12:30

Playgroup Leader: **Sara** (Arabic)  
Tuesday 9-12p.m

Ph: 9309 7626 and ask for the Hub!



### Looking after your voice

Your voice is created in your “voicebox” in your throat. It happens when your vocal cords come together.

You can “feel” your voice if you put your hand on your throat and make a long sssss sound (no voice) then a long zzzz sound where you feel the vibration of your vocal cords coming together to form voice.

Think of your vocal cords like hands clapping. Noise, or voice is produced when they come together, just like when your hands clap. The harder you clap the more your hands hurt. The louder you yell the more damage you can do to your vocal cords. Other ways of damaging your vocal cords are frequent throat clearing, or making character voices or noises in your throat.

If you continue to use “bad” voice yelling and screaming you can get nodules forming on your vocal cords. This would be like having a bump on your hands that stopped them being able to come together when you clap

You need to look after your voice; Some hints are:

Have everyone on board with trying to always use good voice and monitor each other for when bad voice occurs.

- Identify the times you use bad voice and try to change that.
- Have small sips of water rather than clearing your throat.
- Avoid having too many medicated throat lozenges than can dry out your vocal cords.
- Get your friends and family to all monitor voice use and try to eliminate or reduce the times you use bad voice.
- Come up with a hand gesture for good voice (maybe thumbs up then V with your index and middle finger) and bad voice ((maybe thumbs down then V with your index and middle finger).
- Have a talking stick for the times when people are trying to talk over each other. Only the person with the stick should be speaking, allowing them to use good voice.

Teachers are considered to be professional voice users and also need to make sure they look after their voices.

Teachers and parents can be good role models for how to use good voice. Try to model good voice behaviours. Talk about what times should be quiet voice time (eg. Story time or homework time).

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# 2023 Foundation Enrolment Information



## Bethal Primary School

### ENROL YOUR CHILD

### FOR 2023 NOW!



Bethal Primary School is taking enrolments for 2023 now.

For information about enrolments please call

**9309 7626**

or email

[bethal.ps@education.vic.gov.au](mailto:bethal.ps@education.vic.gov.au)

**Collaboration | Perseverance | Respect**

**Starting School at Bethal PS in 2023?**

**ENROL Now to secure your place!**

Do you have a child starting school next year? Have you handed in your enrolment forms in?

At this stage we already have enrolments coming in for Foundation next year and with our numbers are growing.

If you know any families which have a child starting at our school next year, please encourage them to enrol at the office as soon as possible.

## Bethal Primary School



# School Tours



## Fridays at 10am

Call 9309 7626 and Book Your School Tour



# ENROL NOW

## AT BETHAL PRIMARY SCHOOL KINDERGARTEN FOR 2023!



Call us on  
**9306 1662**  
to enrol

**Located at Bethal Primary School,  
El Dorado Cres, Meadow Heights**

- Free or low cost kindergarten available
- 3 and 4 year old sessional programs
- High quality learning
- Smooth transition to school
- Newly upgraded facility and playground
- All children and families welcome!



# Enrolment information in community languages

## Information in Arabic

تسجلوا الآن في روضة الأطفال لعام 2023  
◦ تتوفر روضة الأطفال المجانية أو المنخفضة التكلفة  
◦ تقع مراكز الروضة في المدارس  
◦ برامج للأطفال البالغين من العمر 3 و 4 سنوات  
◦ تعليم عالي الجودة  
◦ الانتقال السلس إلى المدرسة  
◦ نرحب بجميع الأطفال والعائلات  
للحصول على المزيد من المعلومات، اتصلوا على الرقم  
9306 1662 أو أرسلوا بريداً إلكترونياً إلى  
office@nseyc.org.au

## Information in Urdu

اے لیے کنڈرگارٹن میں ابھی داخلہ لیں 2023  
◦ مفت یا کم لاگت میں کنڈرگارٹن دستیاب ہے  
◦ اسکول سائٹس پر واقع  
◦ اور 4 سالہ بچوں کے لیے سیشنل پروگرام 3  
◦ اعلیٰ معیار کی تعلیم  
◦ اسکول میں ہموار منتقلی  
◦ تمام بچوں اور خاندانوں کا خیر مقدم ہے۔  
مزید معلومات کے لیے 9306 1662 پر فون کریں یا  
office@nseyc.org.au پر ای میل کریں

## Information in Turkish

2023 için anaokuluna (kindergarten) hemen kayıt yaptırın!

- Ücretsiz veya düşük ücretli anaokullarından yararlanabilirsiniz
- Okul kampüslerinde bulunur
- 3 ve 4 yaşları için okul dönemlerinde açık programlar (sessional programs)
- Yüksek nitelikli öğrenim
- Okula kolay geçiş
- Tüm çocuk ve aileleri bekliyoruz.

Daha fazla bilgi için 9306 1662 numaralı telefonu arayın veya office@nseyc.org.au adresine e-posta gönderin

## Information in Punjabi

2023 ਲਈ ਬਾਲਵਾੜੀ (ਕਿੰਡਰਗਾਰਟਨ) ਵਿੱਚ ਹੁਣ ਦਾਖਲਾ ਲਵੋ!

- ਮੁਫਤ ਜਾਂ ਘੱਟ ਲਾਗਤ ਵਾਲੇ ਕਿੰਡਰਗਾਰਟਨ ਉਪਲਬਧ
- ਸਕੂਲਾਂ ਵਿੱਚ ਸਥਿਤ
- 3 ਅਤੇ 4 ਸਾਲ ਦੀ ਉਮਰ ਵਾਲਿਆਂ ਲਈ ਸੈਸ਼ਨਲ ਪ੍ਰੋਗਰਾਮ
- ਉੱਚ ਗੁਣਵੱਤਾ ਵਾਲੀ ਸਿੱਖਿਆ
- ਸਕੂਲ ਵੱਲ ਨੂੰ ਨਿਰਵਿਘਨ ਤਬਦੀਲੀ
- ਸਾਰੇ ਬੱਚਿਆਂ ਅਤੇ ਪਰਿਵਾਰਾਂ ਦਾ ਸਵਾਗਤ ਹੈ।

ਵਧੇਰੇ ਜਾਣਕਾਰੀ ਲਈ 9306 1662 ਉੱਤੇ ਫੋਨ ਕਰੋ ਜਾਂ  
office@nseyc.org.au ਨੂੰ ਈਮੇਲ ਕਰੋ

## Contact the Northern Schools Early Years Cluster



Email us at

**office@nseyc.org.au**

Phone 9306 1662 or visit us  
online at

[www.nseyc.org.au](http://www.nseyc.org.au) or

[www.facebook.com/nseyc](https://www.facebook.com/nseyc)





**Airport West Swimming Academy**  
**20 -22 Howe's Street Airport West**



# **SWIM LESSONS**

We teach babies from 3mts,  
Pre school, School Age Children  
and Adults

**Special introductory  
Offer First 2 lessons**

**Only \$9**  
Each lesson  
Conditions apply

**Pay As You Go**



**Fixed Term or Pre Payment**

**Call us Now on 0413 1800 46**

**Airport West Swimming Academy**  
**20 -22 Howe's Street Airport West**