



Bethal Primary School

Newsletter

Month: September

Ph: 03 9309 7626

bethal.ps@education.vic.gov.au

Upcoming events

17th September	End of Term 3 - finish at 2.30pm
4th October	Start of Term 4

Principal's Message



Dear Parents and Friends,

Many of us seem to be experiencing flu-like symptoms during this time. Even though we may think it is hay fever, it is more important than ever that we go and have a COVID test. We need to ensure the safety of all. If you are a close contact or have visited a Tier 1 exposure site, you need to adhere to DHS rules. If you are asked to

isolate for 14 days, you must do this. Staff have been made aware that some of the community is out and about even though they are supposed to be isolating at home.

PLEASE STAY HOME IF YOU HAVE BEEN ASKED TO ISOLATE. Nobody should be visiting other households at the moment. We need everyone to **STAY HOME AND NOT GO TO VISIT OTHERS.**

For those children who are attending onsite, please keep them at home where you can monitor them, if your child is unwell in the morning. If you receive a phone call from the school asking that you pick up your child because they are sick, you should pick them up promptly as we will only call you if your child is quite unwell and miserable.

NAPLAN

NAPLAN results are now available to schools. We will discuss some of these results in the next newsletter. Meantime parents of Year 3 and Year 5 students will be receiving their child's individual report in the mail over the next week. Please make sure you keep this report in a secure place as some secondary schools ask for the report to enrol students. We receive numerous requests from parents for these reports and we won't be able to provide these in a timely manner.

Parent Opinion Survey

I would like to thank all parents who have already completed the 2021 Parent Opinion Survey. Families are chosen at random to complete this survey. The survey closes on 3rd September. This is an important means for parents to provide the school with feedback.

Buildings and Grounds

Work has started to extend the kindergarten for a third room to accommodate 3-year-old kindergarten groups. Unfortunately, workmen do park around the school, and this limits parking.

Engineers have been investigating the fire services issue and have determined how the fire services will be redirected. This work will be starting over the next few weeks and continuing during the school holidays.

Mrs. Teresa De Mercurio

Principal

,أولياء الأمور والأصدقاء الأعزاء

يبدو أن الكثير منا يعاني من أعراض تشبه أعراض الأنفلونزا خلال هذا الوقت, على الرغم من أننا قد نعتقد نحن بحاجة COVID أنها حساسية الموسم فمن المهم أكثر من أي وقت مضى أن نذهب ونجري اختبار إلى ضمان سلامة الجميع. إذا قمت بزيارة شخص أو قمت بزيارة موقع تعرض للأصابة من المستوى 1 فأنت بحاجة إلى الالتزام بقواعد وزارة الأمن الصحي. إذا طُلب منك العزلة لمدة 14 يوماً فيجب عليك القيام بذلك. تم إعلام الموظفين بأن بعض أفراد المجتمع خارج المنزل وعلى الرغم من أنه من المفترض أن يكونوا معزولين في المنزل. يرجى البقاء في المنزل إذا طُلب منك العزلة. لا أحد يجب أن يزور منازل أخرى في الوقت الحالي. نحتاج إلى أن يبقى الجميع في المنزل وألا يذهبوا لزيارة الآخرين.

بالنسبة لأولئك الطلاب الذين يحضرون إلى المدرسة, إذا كان طفلك مريضاً في الصباح يرجى الاحتفاظ بهم في المنزل حيث يمكنك مراقبتهم. إذا تلقيت مكالمة هاتفية من المدرسة تطلب منك تأخذ طفلك لأنه مريض فيجب أن تحضر على الفور لأننا لن نتصل بك إلا إذا كان طفلك مريضاً وبائساً.

نتائج نابلان

النتائج امتحان نابلان متاحة الآن للمدارس. سنناقش بعض هذه النتائج في النشرة الإخبارية القادمة. في غضون ذلك سيتلقى أولياء أمور رسالة عبر البريد خلال الأسبوع المقبل لطلاب الثالثة والخامسة تقريراً فردياً عن أطفالهم يرجى التأكد من الاحتفاظ بهذا التقرير في مكان آمن حيث تطلب بعض المدارس الثانوية التقرير لتسجيل الطلاب. نتلقى العديد من الطلبات من أولياء الأمور بخصوص هذه التقارير ولن نتمكن من توفيرها لكم في مابعد.

استطلاع رأي الوالدين

أود أن أشكر جميع أولياء الأمور الذين أكملوا استطلاع رأي الوالدين لعام 2021. يتم اختيار العائلات بشكل عشوائي لإكمال هذا الاستطلاع. ينتهي الاستطلاع في 3 ايلول. هذه الوسيلة هامة جداً للآباء والأمهات لأعطائنا آرائكم حول المدرسة.

المباني

بدأ العمل في توسعة روضة الأطفال إلى غرفة ثالثة تتسع لمجموعات رياض الأطفال من عمر 3 سنوات. لسوء الحظ يقوم العمال بركن سياراتهم حول المدرسة وهذا يحد من وقوف السيارات.

يقوم المهندسون بالتحقيق في مشكلة خدمات الإطفاء وتحديد كيفية إعادة توجيه خدمات الإطفاء. سيبدأ هذا العمل خلال الأسابيع القليلة القادمة ويستمر خلال الإجازات المدرسية.

Mrs. Teresa De Mercurio

Principal

JSC's Message



And the winner of the Father's Day Raffle prize is....

Isa Atiya from 3/4V. Well done Isa! Thanks to Jett for helping to pick out the winner.

This month's update

SUNSMART



Term 4 means you must wear your hat to school each day.

OUR SCHOOL WEBSITE

Remember to visit our school website for updates, past newsletters and latest information about Bethal Primary School.

<https://bethalps.vic.edu.au/>



Bethal Primary School & Kindergarten

[Home](#) [Our School](#) [Our Kindergarten](#) [Parent Information](#) [Curriculum](#) [Wellbeing](#) [Grades](#) [Our Community](#)

BANKSIA GARDENS SESSIONS



*Banksia Gardens
Community Services*

Thank you to Melodie and Tash from Banksia Gardens for running online sessions with our 3/4 students. Students enjoyed participating in the art and mindfulness activities during Friday Fun! Next week, 5/6 students will participate in a similar session.

Everyone at Bethal hope you are well during this tough time and look forward to welcoming you all back after this lockdown!



Prep Enrolments

It is that time of year when we begin to plan for 2022.

Please ensure to contact the school to collect an enrolment form as soon as possible and be sure to secure a place. We are happy to help you complete the forms.

The enrolment forms are available from the kinder, school and school website.



<https://bethalps.vic.edu.au/>

Bethal Primary School

**ENROL YOUR CHILD
FOR 2022 NOW!**



**Bethal Primary School is
taking enrolments for
2022 now.**

**For information about
enrolments please call**

9309 7626

or email

bethal.ps@education.vic.gov.au

Collaboration | Perseverance | Respect

Kindergarten News

Our Kinder is currently being extended and the building works have started! Its very exciting as our facilities begin to expand with wonderful new spaces.

Please make sure that you enrol your child for 2022.

Contact the school on 9309 7626 or the number below....



Contact the Northern Schools Early Years Cluster



Email us at office@nseyc.org.au

Phone 9306 1662 or visit us online at

www.nseyc.org.au or www.facebook.com/nseyc

ENROL NOW
FOR KINDERGARTEN IN 2022

Wellbeing Support for Families

It can be challenging to process and manage changes to routines and the uncertainty that comes with COVID-19 and related restrictions – including moving to remote learning.

To support our school community during this time, resources and support are available for parents, carers and families.

These resources will help to support the mental health and wellbeing of our students and the young people in our care during this time.

I encourage everyone in our community to access these resources and take care of themselves during this time.

Services and support for students and their families

A [Quick Guide to Student Mental Health and Wellbeing resources](#) is available for students, parents and carers looking to access expert guidance and resources to support wellbeing.

Supporting the mental health and wellbeing of our students remains our priority this year, especially during the continued COVID-19 pandemic and while students are learning from home during the current circuit breaker restrictions.

For students, the guide includes resources to support their own mental health and wellbeing.

- [Advice and resources for students](#) about ways to adapt their learning during COVID-19, to look after themselves and where to get help.
- [Wellbeing activities featuring AFL and AFLW players](#) with tips on managing stress, staying active and gratitude.
- [Smiling Mind mindfulness activities](#) for senior secondary school students, including short videos, online tip sheets and meditations.

The guide also includes resources and supports for parents and carers to help them build their child's physical and mental health and wellbeing. This includes:

- [resources to support children's physical, mental health and wellbeing](#)
- wellbeing activities and conversation starters for parents of [parents of primary school-aged children](#) and [parents of secondary school-aged children](#)
- [Raising Learners podcast](#) series
- how to [talk to your child](#) about COVID-19
- headspace is running [webinars](#) for parents and carers about offering support when they are concerned about a young person's mental health.



Bethal Primary School COMMUNITY HUB



English classes



Come learn basic English skills – writing, reading, listening & speaking!

Meet other ladies in the community!

**Online (Zoom) – Tuesdays & Wednesdays
2-3p.m**

Hub building - Thursdays 9-11a.m

Computer classes



Come learn basic Computer skills!

Learn for yourself and your children. During the lockdown it was necessary for some children to learn online and for our Hub programs to go online. Be ready!

Banksia Gardens - Tuesdays

11:30-1:30p.m

WELLNESS GROUP



Come learn about Health & Wellbeing. Share experiences and support one another.

Hello Community Hub Participants!

Just a reminder that our programs are still operating online and we wish to see you joining in.

We have organised for some of our programs operating remotely and you can still participate. We would love to see you there. The three programs that are continuing are here in this newsletter.

Please contact us if you have any questions.

Nella and Suzan

Food Parcels

Food Parcels are available for our families if they are experiencing hardship at ...

Banksia Gardens

Broadmeadows is giving food parcels for free on Tuesdays & Thursdays 12:30-2:30

Kenley Neighbourhood House

Meadow Heights for \$4 a box on Thursdays at 1:30.

**Join in and
let's learn
together!**

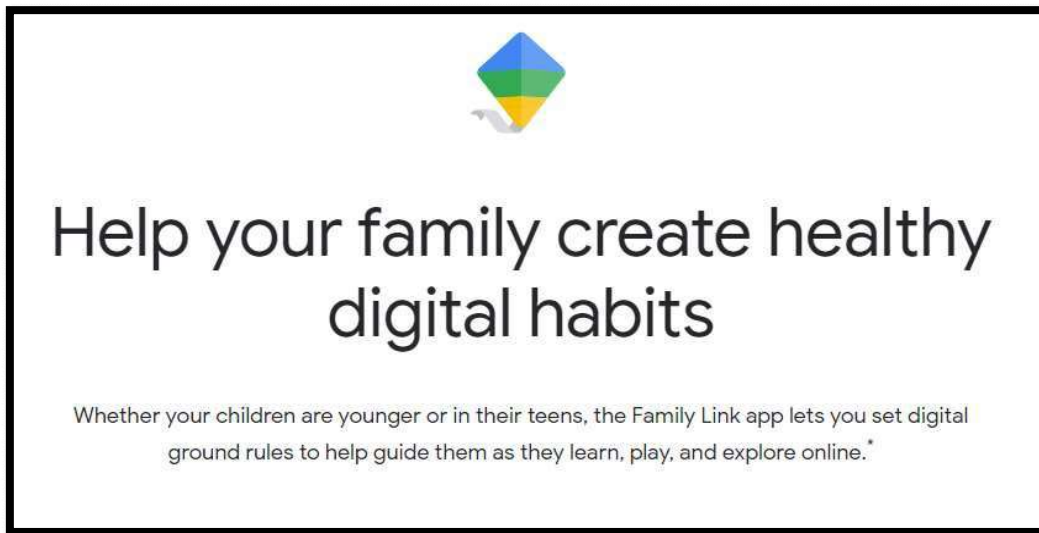


CYBERSAFETY

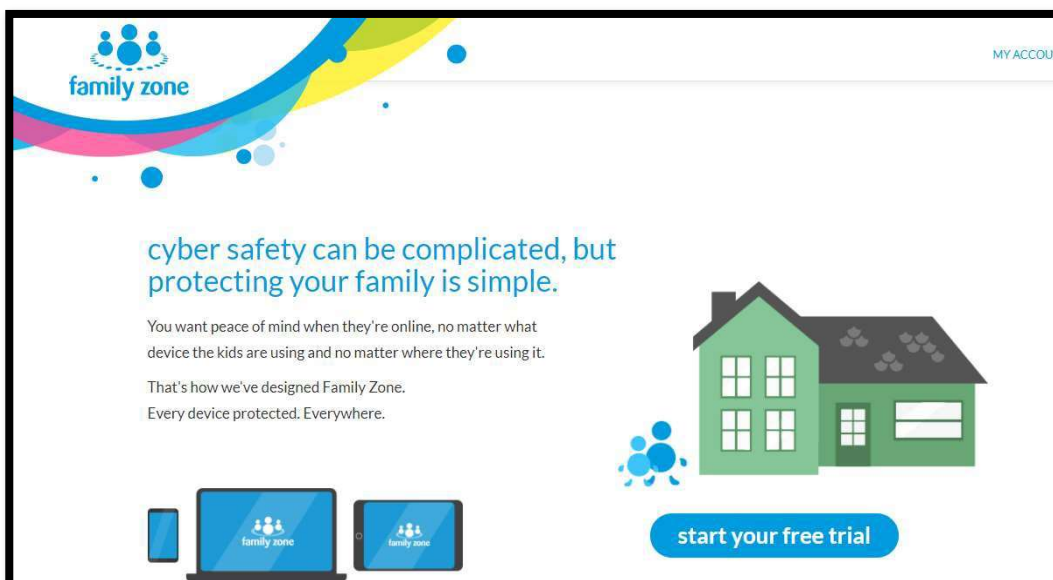
Dear Bethal families,

During Remote and Flexible learning, your child will be spending more time online. It is essential that you and your family understand the importance of maintaining a safe, respectful and responsible use of technology. Here are some platforms and resources that you can use to create some healthy digital habits.

أثناء التعلم عن بُعد والمرن سيقضي طفلك وقتاً أطول على الإنترنت, إن من الضروري جداً أن تدرك أنت وعائلتك أهمية الحفاظ على استخدام آمن ومحترم والمسؤول للتكنولوجيا. فيما يلي إليك بعض المواقع والموارد التي يمكنك استخدامها لإنشاء بعض العادات الرقمية الصحية.



- Click here to find out more information: <https://families.google.com/familylink/>



- Click here to find out more information: <https://www.familyzone.com/alannah-madeline-foundation-how-family-zone-works>

Top Ten Tips

1	Create an 'Acceptable Use Agreement' for your families to facilitate conversation. Ensure that children are involved with this process.
2	Set up safe search & security controls with a platform such as Family Zone www.familyzone.com/au/
3	Agree on where computers, laptops & mobile devices can be used in the home (such as in bedrooms, lounge rooms, etc).
4	Lights out = wifi off.
5	Agree on screen time use; decide on 'screen free' times during the day and night. Have regular family activities that don't involve devices.
6	Get involved – show an interest in what your child is doing online.
7	Talk to your child's teacher/s and school.
8	If your child reports an issue to you, don't threaten to take away their device – this may force them to become secretive.
9	Learn how various social network/game services work. Use websites such as the 'Games, Apps & Social Networking' from the eSafety Office.
10	If cyber bullied; 1. Don't retaliate, 2. Collect evidence, 3. Report, 4. Change privacy setting, 5. Block and 6. Tell a trusted adult.

How to report cyberbullying material

| 1

Report
the cyberbullying
material to the
social media service



| 2

Collect evidence
copy URLs or take
screenshots of the material



If the content is not removed within 48 hours apply steps 3 and 4

| 3

Report it
esafety.gov.au/report



| 4

Block
the person and
talk to someone
you trust



If you are in immediate danger, **call 000** (triple zero)
If you need to talk to someone, visit kidshelpline.com.au or call them on
1800 55 1800, 24 hours a day 7 days a week